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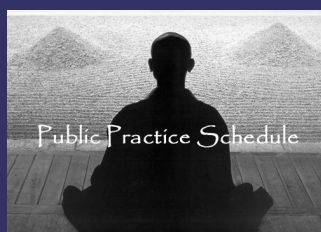
September 16, 2014

HSZC.org



Please help support Our Temple,
Dharma Study, Resident Student
Program & Our Practice Schedule &
Programs offered to the Public.

Donations are tax
deductible



Monday

7:00 am Zazen

7:40 am Morning Chanting Service

6:00 pm Zazen

6:40 pm Evening Chanting Service

Tuesday- Friday

Sangha e-Newsletter 2014



The Genjō Kōan (the 1st half)

As all things are buddha-dharma, there is delusion and realization, practice, and birth and death, and there are buddhas and sentient beings.

As the myriad things are without an abiding self, there is no delusion, no realization, no buddha, no sentient being, no birth and death.

The buddha way is, basically, leaping clear of the many and the one; thus there are birth and death, delusion and realization, sentient beings and buddhas.

Yet in attachment blossoms fall, and in aversion weeds spread.

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To carry yourself forward and experience myriad things is delusion. That myriad things come forth and experience themselves is awakening.

6:00 am Zazen
 6:40 am Kinhin (walking meditation)
 6:50 am Zazen
 7:20 am Chanting Service
 7:40 am Soji (brief temple cleaning)

6:00 pm Zazen
 6:40 pm Chanting Service
Thursdays Study Hour 7:30pm

Saturday

6:30 am Zazen
 7:10 am Chanting Service
 7:25 am Soji
 8:30 am Drop-in instruction
 9:25 am Zazen
 10:15 am Dharma Talk
 11:00 am Refreshments/Social

Those who have great realization of delusion are buddhas; those who are greatly deluded about realization are sentient beings. Further, there are those who continue realizing beyond realization, who are in delusion throughout delusion.

When buddhas are truly buddhas they do not necessarily notice that they are buddhas. However, they are actualized buddhas, who go on actualizing buddhas.

When you see forms or hear sounds fully engaging body-and-mind, you grasp things directly. Unlike things and their reflections in the mirror, and unlike the moon and its reflection in the water, when one side is illumined the other side is dark.



To study the buddha way is to study the self. To study the self is to forget the self. To forget the self is to be actualized by myriad things. When actualized by myriad things, your body and mind as well as the bodies and minds of others drop away. No trace of realization remains, and this no-trace continues endlessly.

When you first seek dharma, you imagine you are far away from its environs. But dharma is already correctly transmitted; you are immediately your original self. When you ride in a boat and watch the shore, you might assume that the shore is moving. But when you keep your eyes closely on the boat, you can see that the boat moves. Similarly, if you examine myriad things with a confused body and mind you might suppose that your mind and nature are permanent. When you practice intimately and return to where you are, it will be clear that nothing at all has unchanging self.

Firewood becomes ash, and it does not become firewood again. Yet, do not suppose that the ash is future and the firewood past. You should understand that firewood abides in the phenomenal expression of firewood, which fully includes past and future and is independent of past and future. Ash abides in the phenomenal expression of ash,



weekly meditation group for those living with HIV, their friends, families, community supporters &

which fully includes future and past. Just as firewood does not become firewood again after it is ash, you do not return to birth after death.

This being so, it is an established way in buddha-dharma to deny that birth turns into death. Accordingly, birth is understood as no-birth. It is an unshakable teaching in Buddha's discourse that death does not turn into birth. Accordingly, death is understood as no-death.

Birth is an expression complete this moment. Death is an expression complete this moment. They are like winter and spring. You do not call winter the beginning of spring, nor summer the end of spring.

The Genjo koan was written in the autumn of 1233 by Eihei Dogen, founder of the Soto Zen tradition. There are multiple translations



Airport arrival in Chengdu, China 09 2014:
Shogen [Tom Hawkins](#) with HSZC Abbot Myo Lahey



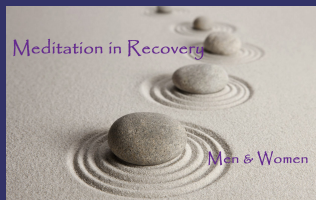
Upcoming Events:

Dharma Talks - [Rev. Myō Lahey](#) - Sept 27 & Oct 18,25 @10:15am

Guest Speaker Saturdays - September 20 [Koshin, Julia Ten Eyck](#); October 4 - TBD, October 11 [Laura Burges](#); November 1 [Jisan, Tova Green](#); November 29 [Anshi Daigi, Zachary Smith](#), December 13 [Kokyo Henkel](#)

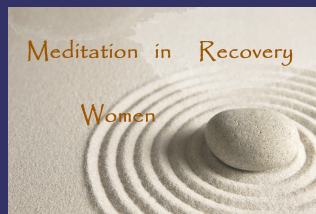
anyone who wants to join us!
Thursdays & Fridays

10:30 am zazen
11:00 am garden socializing



weekly meditation group for men
& women in recovery from
addiction

Fridays, 7:30 pm - 9 pm



(Women only)
monthly meditation group for
women in recovery from addiction.

First Thurs, 7:15 pm -8:45 pm

December 27 [Tokuden Shinki, Mark Lancaster](#)

[Full Moon Ceremony](#) - Saturday, October 4 @ 11am - the Full Hunter's Moon, Blood Moon, or Sanguine Moon

[Winter Study Period](#) - (similar to a practice period) is planned to kick off around Sejiki (End of October) and run through Rohatsu and the Winter Light 5 day retreat (Early December).

[Sangha Council](#) - TBD, Last session: August 16, 2014

[Founder's Memorial](#) - Issan's Memorial is generally on the 6th of the month, & the memorial for Philip Whalen is generally on the 26th @ 6:40pm

[Study Hour](#) - Thursdays @7:30pm: the Vimalakīrti Sūtra, also called Vimalakīrtinirdeśa Sūtra. There are multiple translations, we focus a bit on the Dr Robert Thurman version, but welcome any version to compare the translations. We can share books for anyone who wants to join in, or feel free to purchase a copy and join us (many are very low cost online). Check our twitter page for any changes in schedule. *Please note! No Study Hour Sept18th, but we will gather as student peers to read the Genjō Kōan together and discuss!*

[Next Board of Directors' Meeting](#) - Second Wednesdays of the month October 8 @ 7:30pm You're welcome to attend & observe.

Closure & Schedule Changes coming up!

No Study Hour - September 18th, but we do offer a peer reading and discussion of the Genjō Kōan during the normal Study hour time slot

Rev Myo - will be out of town until September 22nd & again the first weekend of October

We are thrilled to announce that Hartford Street Zen Center has been selected as a beneficiary of The Castro Street Fair 2014. Please mark your calendars for **Sunday 5 October!** [WE ARE IN NEED OF MORE VOLUNTEERS!](#) ([click here to sign up to help](#))

(the site says 4 hour shifts, but you can sign up for one slot and do less its tracked by checking in and out at volunteer booth, so even a couple hours helps us!)

As a beneficiary we get paid a percentage of the total donations received by the fair for every hour that every person volunteers at the Fair. The online registration went live in July. We can have up to 50 volunteers -- plenty of opportunity to invite friends, family, neighbors. The funds raised will go toward repairing/maintenance of the building! [Please join in a fun day of FUN*draising for Hartford Street Zen Center!](#)

Looking forward to a great [Castro Street Fair 2014](#) with you!

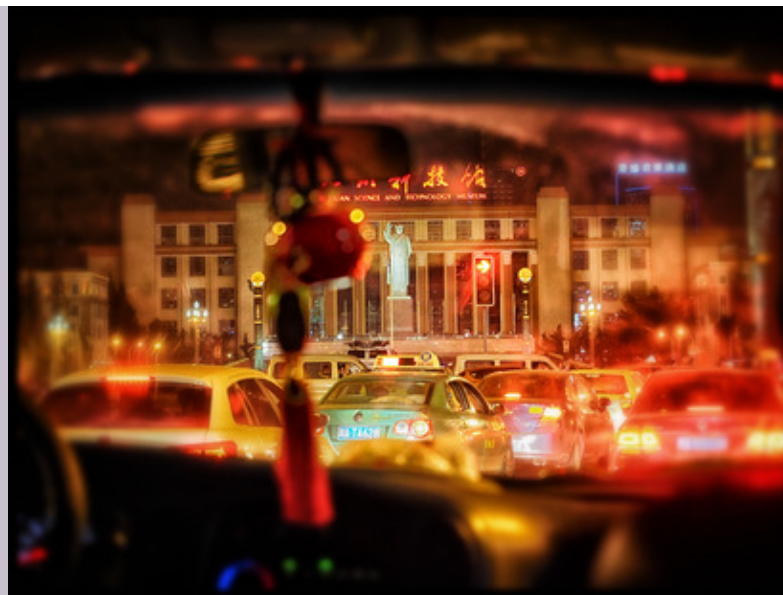
Words From Our Abbot: Rev Myō Lahey

Even if I could unroll for you, all of Buddha's teachings, in a single instance, that wouldn't save you. That wouldn't save me, either. This practice of Dharma study is dependent on others, and also completely individual. Do you understand? We can't do without others, and we also must manage our own effort, our own vow.

[HSZC. Dharma talk 12-02-2006](#)



There will be some adjustments to our space for use by our hospice family, Maitri Hospice, for training in October. Please just be aware that we may host some events in alternative parts of HSZC's property as a result and are thrilled to have them use some of our space to carry on training for the work once part of Hartford Street Zen Center both in current property and housed at the property next door.



Shogen Tom, John and Myo's trip in Chengdu, China 09 2014

Photo provided by [Tom Hawkins](#)

Hartford Street History -

April 5, 1990 - Excerpt from a fundraising letter from Steve Allen, at the time, Maitri Director and Second HSZC Abbot:

It has been over two years now since Issan and I and the HSZC community began our hospice program for people living with AIDS. Our vision was clear: 1) to create a supportive and home-like environment to take care of our friends in their "life and death" struggle with the AIDS virus, 2) to extend our sphere of friends to include all those who need this kind of help and 3) to encourage others to help. But even in those first dark hours after JD arrived, we began to encounter the harsh realities of those living with AIDS in their last few months of life.

At first we didn't realize the complications that can and too often do arise; and we didn't understand the lack of resources available for people at this critical time of their lives. In many cases they are abandoned. They simply do not fit into any of the existing "medical" categories for care. They do not need to be hospitalized but cannot receive the 24 hour care at home that they need. In many cases they are at the end of their financial reserves, having fought the disease for many months or even years; their own friends have often died and they are now in desperate need themselves.

By coming to the help of our friends we discovered a way to help more and more people; and have found the courage to extend our practice into this unknown and frightening territory.



Shogen Tom, John and Myo's hotel in Chengdu, China 09 2014

Photo provided by [Tom Hawkins](#)

WINTER STUDY PERIOD

This winter we will have a study period. This event is similar to a [practice period](#) and plans to kick off after Sejiki (End of October, start of November) and run through Rohatsu and the Winter Light 5 day retreat (start of December).

Because we are primarily a lay sangha (community) and organization, attendance to the full practice period schedule is not an option for most, we will take the practice period model and make some adjustments.



We ask individuals offer to commit to a routine they can uphold. We would like as we get closer to the start of this period, to know what you can join us for and encourage all to participate. Some of the study period require attendance planning. Please inform us as early as you can before the period begins. A deadline will be later communicated. We look forward to concentrated practice opportunity with you!



Rev Myo 09 2014 Chengdu, China- provided by Shogen, [Tom Hawkins](#)

Other Holidays or LGBTQI Events:

[Constitution Day - September 17](#)

[International Day of Peace - September 21](#)

[Autumn Equinox - September 22](#)

[Mabon \(Wiccan/Pagan\) - September 22](#)

[Navratri \(Hindu\) - September 25](#)

[Rosh Hashanah \(Jewish new year\) - September 25](#)

[Additional LGBTQI Events](#) Or [found here](#)




09 2014 - Chengdu, China- provided by Shogen, [Tom Hawkins](#)



Seeking a **LGBTQI, Buddhist** space for your wedding? HSZC & Abbot Rev. Myō Lahey can be a part of this amazing & love filled ceremony. HSZC can house your Zen Buddhist Wedding ceremony & Rev Myō can perform weddings! Please email hszc108@yahoo.com, call us, or a better way yet is to stop in & discuss




during our publicly open hours.


Abbot, Hartford Street Zen Center (HSZC) --- Reverend Myō Lahey

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KeiDo at tetsugen.keido@yahoo.com*

May this newsletter find you well & equanimous! __/|__